

HOW TO CARE FOR YOUR 2XU WETSUIT

A Wetsuit is an investment piece. Caring for your Wetsuit proves to increase longevity and quality.

- ✓ **Use Body Glide** to reduce areas of chafe. Body glide is a **non-petroleum** based lubricant which will not damage the Neoprene. Applying excessive amounts is unnecessary. A small amount of the non-petroleum based lubricant on the neck directly under both ear lobes where friction with the wetsuit may occur.
- ✓ **Surf Jimmy/ Plastic Bags** are advised to assist in putting on the suit. This greatly reduces friction on the hands and feet as you put the suit on and will help also to minimise seam stress and maximise the working life of your beautiful 2XU wetsuit.
- ✓ **Gripper Gloves** are recommended for pulling on the suit as they have round ended fingers and covered in a sticky type “grippy” surface. This reduces the likelihood of getting finger nail nicks and overall safer for the suit.
- ✓ **Zippering Up** – If at all possible have somebody else zip up the zip. Explain to them how to correctly “tuck in the flap” and secure the Velcro on the neck. Push your shoulders back to lessen the strain on your zip as they do this. Instruct them to look out for anything that may rub your neck like badly aligned Velcro or the inside flap not “rolling over the top to protect from the edge of the Neoprene.
- ✓ **From the Waves to Home** – Use 2XU’s Seamless Waterproof Bag perfect for taking your wetsuit from the water back home. This will benefit your car from getting smelly and sandy and reduce the spread of bacteria.
In reference to “Washing & Rinsing” this bag is ideal to wash your wetsuit. Run fresh water over the suit whilst it is in the bag, add half a cap of Adrenalin Wetsuit & Gear Wash, wrap it up to seal and swoosh it around to cover the wetsuit.
- ✓ **Washing & Rinsing** –After exposure to salt water, a 2XU Wetsuit needs immediate (or as soon as possible,) rinsing in fresh, preferably warm.
Using a minimal amount of water allow the suit to soak in Adrenalin “Wetsuit & Gear Wash” for 15 to 20 minutes to kill the bacteria and neutralise acids from your body. It’s best to rinse the wetsuit inside out to ensure sand and sediment is completely removed. Then hang to dry in the shade. Be Gentle!
- ✓ **Drying** – The most efficient means to dry a 2XU Wetsuit is by allowing it to dry inside out, in the shade. The Wetsuit needs to be kept out of exposure to direct sunlight, and should not be hung on a regular “skinny” coat hanger while wet (the shoulder section can rupture under the combined weight of suit and water.). Without a “Fat coat hanger” It’s best to spread

the wetsuit out over a piece of outdoor furniture where its weight is equally distributed and no risk of shoulder damage.

- ✓ **Storage** – During long periods of time when a 2XU Wetsuit is not being worn regularly
 - Purchase or make a “fat” coat hanger and store in the right way in a darkened and coolish area.
 - Folding the wetsuit is not recommended as over a long period of time – this can crease the neoprene and reduce the “thickness” therefore can affect buoyancy.
 - Hanging the wetsuit is not advised unless you hang it on a specialised hanger for Wetsuits. This hanger disperses the pressure off the shoulder point.

WHAT TO AVOID

1. **Lubricating Products** (petroleum based) such as:
 - Vaseline (petroleum)
 - (Paw Paw which is 96% petroleum)
 - Baby oil (petroleum)
 - Hair conditioner
 - Hair shampoo
 - Cosmetics
 - Any Oil Based Lubricant
1. **Direct Overexposure to UV** like a Skylight in the shed or near a window.
2. **AquaSeal**- sold as a wetsuit repair glue to “fix” fingernail nicks. Please avoid this product as it does irreparable damage to the Wetsuit. Instead use Seal Cement. (Same brand) as that is what the suit’s seams are.
3. **Chlorine**. Swimming pools and chlorinated water will damage the Neoprene and dramatically reduce the life span of the Neoprene